

2021 Carolyn P. Horchow Women's Health Symposium

Event Leadership

Cindy Feld

2021 Women's Health Symposium Co-Chair

Cindy Feld, a successful IT business leader and entrepreneur, was born in South Texas and raised in the Dallas-Fort Worth area. She began her career at Frito-Lay, where she worked in technical and managerial roles in the IT department. After 14 years at Frito-Lay, she joined IBM as an instructor in the Dallas Education Center, and then moved to Xerox, where she ran their Data Center Operation.

In 1992, Cindy left the corporate world, and together with her husband Charlie, created The Feld Group, an IT operating and consulting company dedicated to helping transform large companies like BNSF, Southwest Airlines, The Home Depot, CBS, and Delta Airlines. Cindy retired from The Feld Group when it was acquired by EDS in 2003.

Cindy now focuses her energy on giving back to the community she loves. She is a member of UT Southwestern's President's Advisory Board and Circle of Friends; member of the Dallas Leadership Committee for St. Jude Children's Hospital, as well as Event Chairman 2014; and Friends of the Center for BrainHealth. She is a board member of the Dallas Opera and serves on the Board of Governors for The Dallas Symphony.

Lydia Novakov

2021 Women's Health Symposium Co-Chair

Lydia Novakov is a Dallas native who was born at the old St. Paul Hospital. She graduated from Ursuline Academy, earned a Bachelor of Arts in Political Science from Saint Mary's College, and obtained a master's degree in American government at the University of Notre Dame.

She devotes her life to improving her hometown. She currently serves as a trustee of Southwestern Medical Foundation, the philanthropic partner of UT Southwestern; member of UT Southwestern's President's Advisory Board and its Executive Committee; and chairs the UT Southwestern Patient Services Committee.

Mrs. Novakov supports numerous nonprofit organizations in a variety of roles, including board member for the Hoblitzelle Foundation; Co-Chair for the Catholic Diocese of Dallas 125th Anniversary Capital Campaign; member of the Crystal Charity Ball Committee; Advisory Council Chairman of The Catholic Foundation Board of Trustees; board member and past chair of the Sweetheart Ball Committee; Honorary Director for the Senior Source; and member of Charter 100. She was Junior League of Dallas President in 1993-94 and now serves on the Junior League Centennial Committee. Other current roles include Advisory Council Chair of the Ursuline Academy Board of Trustees and Hockaday Board of Trustees. She is a graduate of Leadership Dallas. Past roles include Communities Foundation of Texas Trustee; Crystal Charity Ball member, and 2002 Chairman of the Catholic Foundation Board of Trustees.

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Carol Podolsky, M.D.

Physician Advisor

Dr. Carol Podolsky's clinical expertise and major research interests include adolescent medicine, childhood immunization, and school-based health care delivery. She joined the faculty of UT Southwestern's Department of Pediatrics in 2009 and served as the Medical Director of Texas Pediatric Access to Subspecialists (Texas PASS), an innovative telephone consultation and referral network for children served by Medicaid. She currently serves as an officer on the Board of Trustees of the Foundation for the Callier Center for Communication Disorders and on the Advisory Board of the Ronald McDonald House of Dallas. She is a Dallas Court Appointed Special Advocate (Dallas CASA), as well as a member of the DISD School Health Committee. Dr. Podolsky is a member of The Charter 100 of Dallas and an officer of the Harvard Club of Dallas. Prior to moving to Texas in 2008, Dr. Podolsky was the lead physician for a large school district in the Boston metropolitan area. She earned her medical degree at Harvard Medical School and completed her residency in pediatrics and a fellowship in adolescent medicine at Boston Children's Hospital.

Carol L. Croft, M.D., FACP

Faculty Advisor

Dr. Carol L. Croft is a Professor of Internal Medicine and holds the Baldrige Family Professorship in Internal Medicine and Preventive Care. Dr. Croft is a general internist who has practiced at UT Southwestern since 1994. She received her medical degree at the University of Pennsylvania School of Medicine and residency training here, at UT Southwestern, where she served as Chief Resident. Her interests include patient safety, quality of care, and the role of the teaching hospital in medical education. In addition to her clinical practice, she is a Master of the UT Southwestern Medical School Pritchard College.

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Faculty

Daniel K. Podolsky, M.D.

President, UT Southwestern Medical Center

Doris and Bryan Wildenthal Distinguished Chair in Medical Science

Philip O'Bryan Montgomery, Jr., M.D. Distinguished Presidential Chair in Academic Administration

Professor, Internal Medicine

Daniel K. Podolsky, M.D., has served as President of UT Southwestern Medical Center since September 2008. Major accomplishments during his tenure include the launch of several major academic initiatives including the Peter O'Donnell Jr. Brain Institute; development and implementation of an innovative new medical school curriculum; initiatives in global outreach; and marked growth of the university health system. He has led a process of clinical transformation of the university health system with an intense focus on quality, value, and patient centeredness. The latter has been enabled by creative new partnerships with community providers. All of this has been in an effort to deliver on the UTSW mission: *Promoting health and a healthy society that enables achievement of full human potential.*

Prior to assuming his current role, Dr. Podolsky was the Mallinckrodt Professor of Medicine at Harvard Medical School and served as Chief Academic Officer at Partners HealthCare as well as Chief of Gastroenterology at Massachusetts General Hospital. He is a member of the National Academy of Medicine and recipient of numerous honors as well as author of more than 300 original research and review articles. Dr. Podolsky is also a Professor in the Department of Internal Medicine and is the holder of the Philip O'Bryan Montgomery Jr., M.D., Distinguished Presidential Chair in Academic Administration and the Doris and Bryan Wildenthal Distinguished Chair in Medical Science. Dr. Podolsky earned his undergraduate degree from Harvard College and medical degree from Harvard Medical School.

Jaclyn Albin, M.D.

Assistant Professor, Pediatrics

Internal Medicine

In 2014, Dr. Jaclyn Albin joined the UT Southwestern faculty as Assistant Professor of Internal Medicine and Pediatrics. She practices primary care in the UTSW Combined Internal Medicine and Pediatrics (Med-Peds) Clinic, as well as at Parkland Center for Internal Medicine. Her work is focused on delivering compassionate primary care to patients of all ages, including the most vulnerable populations.

Dr. Albin earned her medical degree from George Washington University School of Medicine. She then completed a combined Med-Peds residency and served as Chief Resident at Baylor College of Medicine and Texas Children's Hospital in Houston, Texas.

She co-developed and serves as Associate Program Director for UTSW's Internal Medicine/Pediatrics Residency Program and is passionate about teaching patients, students, and residents about nutrition, lifestyle choices, and other environmental influences that contribute to chronic disease. In 2017, Dr. Albin launched UTSW's Culinary Medicine program and serves as Director, working to teach nutrition through hands-on cooking classes to medical students, residents, fellows, health care professionals, and the community. The program has received national recognition in the culinary medicine community.

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Faculty

Natalia David, PSY.D., DBSM

Assistant Professor, Psychiatry

Dr. Natalia David is Assistant Professor in the Department of Psychiatry at UT Southwestern Medical Center where she is a hospital psychologist within the Division of Consultation-Liaison Psychiatry, as well as the Adult Outpatient Psychiatry Clinic where she specializes in behavioral sleep medicine. Her primary areas of clinical interest are sleep disorders and physical and emotional health issues. She also participates in the Psychiatry Residency Training program, teaching and supervising medical students and residents in group psychotherapy. Dr. David's research interests include obesity related psychosocial dysfunction, and sleep functioning impacted by concussion, aging, and sexual health.

Dr. David grew up in Las Vegas and obtained a BA in psychology and BS in biology at the University of Nevada Las Vegas. She then earned a master's degree in psychology from Walden University and a doctoral degree in psychology with an emphasis in health psychology from Alliant International University in California. She completed most of her pre-doctoral clinical health psychology training at UCLA, and a health-focused internship at Baylor Scott & White in Temple, Texas, where she received the Baylor Scott & White Research Institute's Podium Presentation Award and scholarship for obesity-related research. Dr. David also completed a post-doctoral fellowship at the James A. Haley Veterans' Hospital in Tampa, Florida, specializing in chronic pain, psycho-oncology, and behavioral sleep medicine.