2021 Carolyn P. Horchow Women's Health Symposium



Pandemic Posts: Dispatches from the COVID-19 Frontlines

James "Brad" Cutrell, M.D., FIDSA

Associate Professor

Department of Internal Medicine

Outline

- COVID-19 Pandemic: Where are we now?
- UT Southwestern COVID-19 Response
 - Tracking COVID-19: Modeling, Epidemiology and Genomic Sequencing
 - Treating COVID-19: Pharmacologic
 - **Treatments and Clinical Trials**
 - Defeating COVID-19: COVID-19 Vaccines



A Day in the Clements Hospital ER: January 2020

ER Call: A traveler with a febrile illness from China





Test for SARS-CoV-2 ultimately negative, took about 1 week to return

COVID-19 Trends in the United States



COVID-19 Trends in Texas





Hospitalized	4,055	-30%
Day with reporting anomaly. Hospitalization data from the U.S. Depa	rtment of Health and Human Services	; 14-day change

Day with reporting anomaly. Hospitalization data from the U.S. Department of Health and Human Services; 14-day change trends use 7-day averages.

DFW COVID-19 PREVALENCE STUDY

Tracking COVID-19

COVID-19 Pandemic Modeling Seroprevalence Study Genomic Sequencing of Variants

COVID-19 Hospitalizations in Dallas County: Past, Present, and Future Forecasting



Updated 3/22/21 with data from 3/19/21

- COVID-19 hospitalizations (black squares) have decreased by 44% over the past two weeks.
- The blue line shows the estimated number of hospitalizations for the last three weeks, as well as our 21day forecast starting from 3/19.
- Dallas County total COVID-19 hospitalizations are predicted to reach 140-270 concurrent hospitalized cases by April 8.
- Roughly 480 new COVID-19 infections per day are expected by April 8.

Dallas County's Trajectory Still Depends on Our Behavior/ Vaccination Success

- Without any modification in behavior, our COVID-19 hospitalizations could still surpass previous records even in an ideal vaccination scenario
- Reverting to the behaviors of June/July 2020 before mask mandates went into effect, without a notable increase in vaccination volume will lead to increases in hospitalization
- Eliminating need for masks requires a successful vaccination campaign and adherence to social distancing recommendations until prevalence is reduced



Updated 3/22/21 with data from 3/19/21

Red is if all behavior returns to unmitigated, prepandemic patterns (no masking/social distancing/business restrictions)

Orange is if we return to behavior patterns of Jun/Jul '20 (limited masking/social distancing/business restrictions)

Green is if we return to behavior patterns of Oct/Nov '20 (mask mandate/business restrictions; limited social distancing)

Blue is if we continue behaviors of Feb. '21(strong compliance with mask mandate/social distancing; business restrictions)

> UT Southwestern Medical Center

DFW COVID-19 Seroprevalence Study

 Collaboration between UTSW and Texas Health Resources to measure COVID-19 prevalence in DFW overall and key sociodemographic groups



DFW COVID-19 Seroprevalence Community Sample (17,277 Individuals; March 2021)

Prevalence of Active Infection: Dallas 1.8%, Tarrant 2.6% Prevalence of Prior Infection: Dallas 7.2%, Tarrant 8.5%



*The change in infection prevalence between December 2020 and March 2021 is shown in green and red above each bar.

utswmed.org/covidstudy

Slide adapted from Dr. Jasmin Tiro; https://utswmed.org/covidstudy

7

DFW COVID-19 Seroprevalence Community Sample (17,277 Individuals; March 2021)

Documented racial and socioeconomic disparities in COVID-19 prevalence in DFW



*The change in infection prevalence between December 2020 and March 2021 is shown in green and red above each bar.

Slide adapted from Dr. Jasmin Tiro; https://utswmed.org/covidstudy

utswmed.org/covidstudy

DFW COVID-19 Seroprevalence Community Sample (17,277 Individuals; March 2021)

Identified key behavioral risk factors for COVID-19 prevalence in DFW



Slide adapted from Dr. Jasmin Tiro; https://utswmed.org/covidstudy

SARS-CoV-2 Variants of Concern (VOC)

Key SARS-CoV-2 variants of concern	B.1.1.7	B.1.351	P.1	B.1.427/ B1.429	
Location/Date first identified	United Kingdom , Sep 2020	South Africa, Oct 2020	Brazil and Japan, Jan 2021	California, July 2020	
Identified in US to date	Yes	Yes	Yes Yes		
Impact on vaccine efficacy?	No	Some reduced efficacy	Likely some reduced efficacy	Possible some impact	
Impact on monoclonal antibody therapies?	No	Reduced efficacy to some but not all Ab products	Reduced efficacy to some but not all Ab products	Reduced efficacy to some but not all Ab products	
Primary Concerns	Increased spread by ~ 50%, more severe disease	Increased spread, some antibody escape	Increased spread, some antibody escape	Increased spread by 20%, some antibody escape	

https://www.cdc.gov/coronavirus/2019-ncov/cases-updates/variant-surveillance/variant-info.html#Concern

SARS-CoV-2 Variants Circulating in the US





Since early Feb 2021, UTSW has begun sequencing all positive employee and patient SARS-CoV-2 samples

https://www.cdc.gov/coronavirus/2019-ncov/transmission/variant-cases.html



Treating COVID-19

Pharmacologic Treatments and Clinical Trials

Goals of Treatment Across COVID-19 Spectrum



Adapted from slide by Dr. Rajesh Gandhi and Dr. Arthur Kim, MGH

Current Recommended COVID-19 Treatment: March 2021



EUA: Emergency Use Authorization

Adapted from slide by Dr. Rajesh Gandhi and Dr. Arthur Kim, MGH

UTSW COVID-19 Research and Clinical Trials

- More than 625 patients enrolled in COVID-19 clinical trials; site for major clinical trial networks (e.g. ACTT, ACTIV)
- More than 325 patients treated with EUA monoclonal antibodies
- Over 200 active or pending research projects spanning basic sciences, clinical trials, and population studies
 COVID-19 Research Projects

SARS-CoV2 Targets (28)	+
Host Response to SARS-CoV2 (34)	+
Epidemiology, Clinical and Laboratory Features, and Outcomes (71)	+
Clinical Trials (20)	+
Social and Behavioral Research (34)	+
Effects of the Pandemic on Other Diseases (34)	+
Effects of COVID-19 on Health Care Workers and Practice (48)	+

https://www.utsouthwestern.edu/covid-19/researchers/projects.html



Defeating COVID-19

Vaccination Efforts at UT Southwestern

How Did We Get Here So Fast: Operation Warp Speed



Financial and government risk increased, not product or safety risk

https://media.defense.gov/2020/Aug/13/2002476369/-1/-1/0/200813-D-ZZ999-100.JPG

UTSouthwestern

Medical Center

Summary of COVID-19 Vaccine Trials

Company	Platform	Doses	Number in trial vaccinated	Protection from hospitalized COVID-19	Protection from severe COVID-19	Protection from all symptomatic COVID-19
Pfizer/ BioNTech	mRNA	2	~18,600	100%	100%	95%
Moderna	mRNA	2	~15,000	97% (1 case after 2 nd dose)	97%	94.1%
J&J/ Janssen	Human adeno vector	1	~22,000	100%	85% (none hospitalized)	72% US, 66% Latin America, 57% S. Africa
Oxford/ AstraZeneca	Chimp adeno vector	2	~25,000	100%	100%	69-74% overall US; 70% UK; S. Africa trial halted for mild
Novavax	Protein + Adjuvant	2	~9700	100%	100%	89% UK; 60% S. Africa

Adapted from @MonicaGandhi9 (Twitter 3/22/21)

Reactogenicity: Comparison to Other Vaccines

(After dose #2 for the two-dose regimens, age <60 - the highest side effect group found)

	SHINGRIX (ZOSTER VACCINE RECOMBINANT, ADJUVANTED)	moderna	Pfizer	Johnson 4Johnson	Influenza Vaccine FLUCELVAX QUADRIVALENT
	Shingrix	COVID-19 mRNA-1273	COVID-19 BNT162b2	Ad26.COV2.S	Flu
Local Pain	88.4%	90.1%	77.8%	58.6%	45.4%
Redness	38.7%	9.0%	5.9%	9.0%	13.4%
Swelling	30.5%	12.6%	6.3%	7.0%	11.6%
Myalgia	56.9%	61.3%	37.3%	39.1%	15.4%
Fatigue	57%	67.6%	59.4%	43.8%	17.8%
Headache	50.6%	62.8%	51.7%	44.4%	18.7%
Chills	35.8%	48.3%	35.1%	$\frac{2\%}{(unsolicited)}$	6.2%
Fever	27.8%	17.4%	15.8%	12.8%	0.8%
Overall Grade 3%	5.2%	4.1%	1.5%	0.54%	0.45%
Overall SE %	48%	46%	36%	27% *31% not <u>counting chills</u>	15%
	1	2	3	4	5

Twitter: @JesseOSheaMD Dr. Jesse O'Shea MD, Emory University

UTSouthwestern

Medical Center

Impact of Vaccination on UTSW Employee Community



*Vaccination status is determined at date of positive COVID-19 test showing new infection 12/15/20 or later, and if no infection, vaccination status as of 1/28/21. Non-vaccinated include those with no record of vaccine received at UTSW. Partially vaccinated include those who received one dose, or who received their second dose less than 7 (Pfizer) or 14 (Moderna) days ago. Fully vaccinated include those who received their second dose at least 7 (Pfizer) or 14 (Moderna) days ago

UTSouthwestern

Medical Center

Vaccine Efforts at UTSW and in Texas

- UTSW is one of 6 vaccine hubs for Dallas county
- 4 vaccination sites:
 - West Campus Clinic
 - Market Hall
 - RedBird Mall
 - UT Dallas
- UTSW Vaccination efforts (as of 3/24/21)
 - > 200,000 vaccine doses administered
 - >120,000 individuals vaccinated



UT Southwestern COVID-19 Resources to Address Vaccine Hesitancy

UTSW COVID-19 MedBlogs and Vaccine Website

Recent MedBlogs:

- Life After COVID-19 Vaccines
- COVID-19 Vaccine Hesitancy: How to Overcome the Culture of Mistrust
- COVID-19 Vaccines: Separating Myths From Reality
- COVID-19 Vaccines: The Tough Questions
 Answered By a Frontline Doctor

UTSW "What to Know" Videos

Life After COVID-19 Vaccination



Building Confidence in COVID-19 Vaccines



Key Take-Home Messages

- COVID-19: Reminder of potential impact of emerging infectious diseases on public health and society at large
- Important tools to track spread of disease (e.g., modeling, seroprevalence study, genomic sequencing) to inform public health and policy interventions
- Treatments for COVID-19 only modestly effective to date, still need clinical trials for better targeted approaches
- COVID-19 vaccines are effective and safe
 - Strongly protective against severe disease and death
 - Provide some protection even against new variants
 - Currently 3 available in U.S.: Pfizer and Moderna (mRNA), J&J (viral vector)
- Non-pharmacologic interventions (NPIs) like masking and physical distancing still important in public while the vaccine rollout proceeds



/ledical Center